

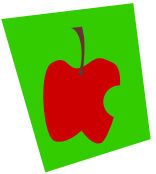
Jr Riders Journal Treat Recipes



Lisa Javor's Good Horse Healthy Treats (for well behaved horses)



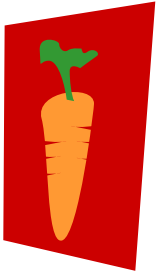
- * 1-2 apples sliced in quarters
- * 2-3 carrots per horse
- * Molasses
- * 2 packets of Quaker oatmeal
- * or some horse oats
- * Salt



Wash carrots, slice apples into four pieces, spread molasses all over each carrot and apple. Sprinkle on or roll in oats. Chill in fridge until firm.

S's Grain Delight

A treat that my horse and my friend's horse loves is a homemade grain treat.

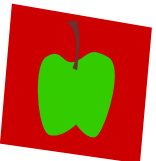
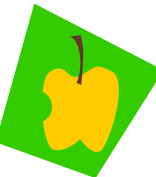


- * 2 cups oats
- * 1 cup molasses
- * 1/2 finely chopped apple
- * 1/4 cup water
- * carrot (if you want to)

Mix all together, sticky, but not too sticky. Then bake in the oven at 425F for about 10 min. When the 10 min is up, leave the grain in the oven until the oven is cool

G's Apple Peels and Cores

If you eat apples at home (or someone else in your family does), save the peels and cores and freeze them in a plastic bag. Then, when you have about 10 or 15, put them in the microwave till they're defrosted and fairly hot. Then, when you get to the barn (especially in winter), they'll be just the right warm temperature. My horses love them and can't get enough! They like them better than whole apples!



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Hand feeding can encourage nipping! Instead, put goodies in a feed pail for after schooling treats.